

CURRICULUM VITAE
LOIS V. BOLDEN, Ph.D., PMHCNS-BC

EDUCATION

<u>Institution</u>	<u>Degree/Other</u>	<u>Major/Minor</u>	<u>Year</u>
University of Tennessee Health Science Center 910 Madison Ave. Memphis, TN	Ph.D.	Nursing	2006
University of Central Arkansas Conway, Ark	MSN	Nursing	1993
Memphis State University Memphis, TN	BSN	Nursing	1989
Memphis State University Memphis, TN	AD	Nursing	1976

HONORS

The Daisy Award for Extraordinary Nurses, October 2011
Magnet Partners in Excellence Award, May 2011
American Nurses Foundation Scholarly Writing Contest, 2008
SAMHSA Post-Doctoral Fellowship, 2007-2009
University of Tennessee Health Science Center Student Government Association Excellence in Teaching Award, 2006
Beta Theta Chapter at large, Sigma Theta Tau International Scholarship, April, 2004
ANA Ethnic Minority Fellowship, 2002-2006
University of Tennessee Health Science Center College of Nursing Golden Apple Award, Spring, 1997
Inducted, Sigma Theta Tau International Inc., Kappa Rho Chapter, 1993

CERTIFICATION

ANCC-Clinical Specialist for Adult Psychiatric and Mental Health Nursing
(Certification number 0272115) (2021-2026)

LICENSURE

RN, Florida (Multistate) 9516531, 7/23/19– present

PROFESSIONAL MEMBERSHIPS

American Psychiatric Nurses Association 11/21-11/22
American Nurses Association 2001- 2013
Tennessee Nurses Association 2001-2009
National Black Nurses Association 2007-2009
International Society Psychiatric Nurses 2007-2009
Sigma Theta Tau 1993-2009
Advanced Psychiatric Nurses Association 2008-2013

ONLINE VIRTUAL SKILLS

ATI Virtual Simulation
Shadow Health Virtual Simulation
Elsevier Virtual Simulation
Canvas

Blackboard LMS
 Brightspace/Kaltura LMS
 Microsoft Office
 Microsoft office Team Video Conferencing
 Go to Meeting Video Conferencing
 Zoom Video Conferencing

UNIVERSITY (AND COLLEGE) APPOINTMENTS

<u>Institution</u>	<u>Position</u>	<u>Years in Position</u>
<u>Arkansas State University Midsouth</u> <u>2000 W. Broadway Ave</u> <u>West Memphis, AR 72301</u>	<u>Assistant Professor</u>	<u>11/2023-Present</u>
Galen College of Nursing 10200 Dr M.L.K. Jr St N <u>St. Petersburg, Fl 33716</u>	Adjunct Faculty	3/14/22-3/30/23
South University 4401 N. Himes Ave Tampa, Fl 33614	Assistant Professor	7/2018-3/25/22
Arkansas State University College of Nursing 2105 Aggie Road Jonesboro, AR 72401	Adjunct Faculty	1/2017- 6/2018
University of Memphis Loewenberg College of Nursing Memphis TN 38152	Adjunct Faculty	01/2016-6/2018
University of Tennessee Health Science Center College of Nursing 877 Madison Memphis, TN	Research Leader Post-Doctoral Fellow	1/08- 6/09 1/08-1/09
Walden University BSN Online Completion Program 100 Washington Ave So Minneapolis, Mn	Contributing Faculty	2/09- 2/17
University of Virgin Island St. Thomas 2 John Brewers Bay St. Thomas, Virgin Island	Assistant Professor Post-Doctoral Fellow	3/07-12/07

University of Tennessee Health Science Center College of Nursing 877 Madison Memphis, TN	Instructor Mental Health Nursing	3/05- 2/07
Southwest Tennessee Community College Continuing Education & School of Nursing	Clinical Instructor and Facilitator	6/00-6/04
University of Tennessee Health Science College of Nursing W. F. Bowld Hospital 951 Court Ave. Memphis, TN	Psych/Mental Health Clinical Coordinator/Instructor Joint Appointment	4/96-2/99

HOSPITAL / CLINICAL APPOINTMENTS:

<u>Institution</u>	<u>Position</u>	<u>Years in Position</u>
VA Medical Center Memphis 1030 Jefferson Memphis, Tn. 38141	Psychiatric Nurse Case Manager	1/13-10/15
James A. Haley Veterans Hospital 13000 Bruce B. Downs Tampa, FL 33612	Mental Health Nurse Educator	10/ 09- 12/12
University of Tennessee Health Services 910 Madison Ave. Memphis, TN	Student Counseling	2/07-2009
Memphis Mental Health Institute 865 Poplar Avenue Memphis, TN	Director of Nursing	9/99-5/02
Memphis Mental Health Institute 865 Poplar Avenue Memphis, TN	Psychiatric Clinical Specialist	5/02-2/05
Saint Francis Hospital Park Avenue Memphis, TN	Psych/Mental Health Clinical Nurse Specialist	3/99- 8/99
Veterans Administration Medical Center Memphis, TN	Staff Nurse	6/95-3/96
Counseling Associates 2400 Poplar Ave	Co-Facilitator of Recovering Nurses Group & Women's	1987-1997

Memphis, TN	Support Group	
The Regional Medical Center	Nursing Research Manager	2/93 - 5/95
Memphis Mental Health Institute Memphis, TN	Supervisor /Staff Educator	5/91 - 2/93
Memphis Mental Health Institute Memphis, TN	Shift Supervisor	5/90 - 5/91
Memphis Mental Health Institute Memphis, TN	Charge Nurse	1986 - 1989
The Regional Medical Center Memphis, TN	Charge/Staff Nurse	1984 - 1986
Memphis Mental Health Institute Memphis, TN	Charge Nurse	1978 – 1984
City of Memphis Hospital	Charge/Staff Nurse	1976 - 1978

TEACHING EXPERIENCE

Undergraduate courses

Psychiatric mental health Didactic and Clinical (Course Leader)	July 2018-present
Introduction to Nursing Research	July 2018-present
Caring for the vulnerable population I & II (Community Nursing)	July 2018 -present
Legal and Ethical Issues in Nursing	July 2020- present
Introduction to the Profession of Nursing	June 2020-present
Psychiatric Mental Health Nursing Didactic and Clinical	2015-present
Issues and Trends in Nursing	2009-2017
Psychiatric Mental Health (Course Coordinator)	Fall 2008 (Partial Semester)
Nursing Fundamentals	Fall 2007
Nursing Fundamentals Clinical	Fall 2007
Health Assessment	Fall 2007
Reproductive Health Clinical	Spring January 2007
Nurses Roles in Mental Health	Spring March 2007
Nurses Roles in Mental Health Clinical	Spring March 2007
Psychiatric Mental Health	Fall 2005- 2006
Psychiatric Mental Health Clinical	2000-2004

Graduate courses

Advance Practice Roles and Issues	1998
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INVITED LECTURE

Conducting Psychosocial Groups VA Psychiatric Nurses	December, 2017
Depression and Cancer Breast Cancer Survivors	May, 2016
Using Shared Governance Veterans Medical Center Nurses	May 2016
Bolden, L. Horizontal Violence. Southwest Community College Nursing Students.	November, 2015.

Bolden, L. The art of De-escalation. Southwest Community College Nursing Students. September, 2014

Bolden, L., Nursing in the 21st Century: Reflect, Reaffirm, and Replenish. Nurse's Week.
Veterans Administration Hospital, May 11, 2009.

Bolden, L., Managing Stress, Nurses Week. Memphis Mental Health Institute, May 8, 2009

Bolden, L., Horizontal Violence, Memphis Mental Health Institute, April 2, 2009

Bolden, L., Professionalism in Nursing, Memphis Mental Health Institute, August 21, 2008

SCHOLARLY ACTIVITIES

Refereed Presentations

Predictors of Mental Health, Subjective Burden, and Perceived Rewards in Caregivers of Patients with Chronic Liver Disease, (poster presentation). 2008 National State of the Science Congress in Nursing Research in Washington, DC. October 2-4, 2008. Lois Bolden, Ph.D., APRN, BC, Mona Wicks, PhD

Depressive Symptoms of African American (AA) and Caucasian Caregivers' of Patients with Chronic Liver Disease (CLD), (poster presentation). American Psychiatric Nurses Association 2008 Annual Conference in Minneapolis, Minnesota. October 15-18, 2008. Lois Bolden, Ph.D., APRN, BC, Mona Wicks, PhD

Depression, Anxiety, Hazardous Drinking, Subjective Burden, and Caregiver Rewards in Family Caregivers of Patients with Chronic Liver Disease (paper presentation) National Black Nurses Association in Las Vegas, Nevada. August 2-4, 2008
Lois Bolden, Ph.D., APRN, BC, Mona Wicks, PhD

Depression, Anxiety, Hazardous Drinking, Subjective Burden, and Caregiver Rewards in Family Caregivers of Patients with Chronic Liver Disease (Paper presentation) (ISPN) in Montreal, Canada. April 25-28, 2007 Lois Bolden, Ph.D., APRN, BC, Mona Wicks, PhD

Depression, Anxiety, Hazardous Drinking, Subjective Burden, and Caregiver Rewards in Family Caregivers of Patients with Chronic Liver Disease (Poster Presentation) Southern Research Nurses Society in Galveston Texas. February 22, 2007.
Lois Bolden, Ph.D., APRN, BC, Mona Wicks, PhD

INSIGHT Therapy with Women of Color. International Society of Psychiatric Nursing (ISPN) in Denver, Colorado. April 5 – 8, 2006 Sarah Mynatt, EdD, APRN, BC, Mona Wicks, PhD, Lois Bolden, APRN, BC

Understanding Psychotropic Medications; 2006 Spring Conference, "Strengthening Families through Partnerships"
University of Memphis Foster Parenting Conference March 18, 2006, Lois Bolden, Ph. D., APRN, BC

Stigma of Mental Illness among the African American Population. International Society of Psychiatric Nursing (ISPN) in Pittsburg, Pennsylvania. April 7 – 9, 2005

Stigma Among the Mentally Ill Population: African Americans: ANA Biennial Convention, Minnesota, Minneapolis, June 26 – 28, 2004

The lived experience of patient prudence in health care (paper by J. H. Larrabee, L.V. Bolden, & M. R. Knight), the 12 Annual Conference of The Southern Nursing Research Society, Fort Worth, TX, February 20-22, 1998

RESEARCH AND OTHER SUPPORT

Sigma Theta Tau Dissertation Support - 2005-2006, \$2000.00

Substance Abuse and Mental Health Services Pre- Doctoral Funding August, 2003-2006, \$45,000

Substance Abuse and Mental Health Services Post-Doctoral Funding August, 2007-2009, \$77,000

National Institute of Nursing Research, National Institutes of Health, INSIGHT for black female caregivers. July 1, 2005 – June 30, 2009, \$219,000. (Study Coordinator and INSIGHT facilitator).

PEER-REVIEWED JOURNAL ARTICLES

Bolden, L., Cuevas, N., Raia, L, Meredith, E., & Prince, T. (2011). The Use of Reflective Practice in New Graduate Registered Nurses Residency Program. *Nursing Administration Quarterly*, 35 (2), 134–139.

Bolden, L. & Wicks, M. (2010). Predictors of Mental Health Subjective Burden Subjective Burden and Rewards in Caregivers of Patients with Chronic Liver Disease. *Archives of Psychiatric Nursing*.24 (2), 89-103.

Mynatt, S., Wicks, M. & **Bolden, L.** (2008). Pilot Study of INSIGHT Therapy in African American Women. *Archives of Psychiatric Nursing*. 22(6), 364-374.

Bolden, L. & Wicks, M. (2008). The clinical utility of the stress process model with family caregivers of liver transplant candidates. *Progress in Transplantation*, 18(2), 74-79.

Wicks, M., **Bolden, L.**, Mynatt, S., Rice, M. & Acchiardo, S. (2007). INSIGHT potentially prevents and treats depressive and anxiety symptoms in Black women caring for chronic hemodialysis recipients. *Nephrology Nursing Journal*, 34 (6), 623-629.

Bolden, L. & Wicks, M. (2005). Length of stay, admission types, psychiatric diagnoses, and the implications of stigma in African Americans in the nationwide inpatient sample. *Issues in Mental Health Nursing*, 26(10), 1043-1059.

Larrabee, J., **Bolden, L.**, & Knight, M. (2001). Defining patient-perceived quality of nursing care. *Journal of Nursing Care Quality*, 16(1), 34-60.

Smith-Sims, K., Tudor, R., **Bolden, L.**, Lipsky-Phillips, M (2000) Gastroparesis: A closer look at the symptoms, causes and therapies. *American Journal of Nursing*, 100(11), 24A-24D.

Larrabee, J., & **Bolden, L.** & Knight, M. (1998). The lived experience of patient prudence in health care. *The Journal of Advanced Nursing*, 28(4), 802-808.

Bolden, L. & Williams, B. (1995). A measurement of self-esteem in pregnant teenagers. *Clinical Nursing Research*, 4, 223-231.

Bolden L., Beck K, & McElrath M. (1995). Improving education on pin site care. *Nursing Quality Connection*. 4(5):8.

JOURNAL REVIEW APPOINTMENTS

Manuscript peer review panelist, American Journal Health Behavior, 2008